## PADDLE PREPARATION

(Recommended doing this as a crew)

- 1. Hand sand only the blade side WITHOUT the LVI Logo, with a fine or medium grit sand paper. KEEP THE BAG
- 2. Sand off the varnish ONLY NOT the fiberglass.

The painting will not stick on any part that still has shiny varnish! It is okay if you see small dots of varnish recessed in spaces of the fiberglass when you are done.

## TO HAVE PADDLE PAINTED AT REFORMATORY YOU MUST:

- Put your <u>FIRST NAME</u> and <u>LAST Initial</u> (DO NOT USE YOUR LAST NAME), <u>Session Number</u> and <u>Painting Name (or description)</u> on Masking Tape place ON THE PADDLE ... on the side <u>WITH</u> the LVI LOGO.
- 2. Put your first name and last initial (NO LAST NAMES!) & Session Number ON THE PICTURE along with any CLEAR special instructions.
- 3. Put the picture into the bag next to the blade.
- 4. Bring the paddle to Zach Fritz at LVI Base Camp (Pine Point).
- 5. Reformatory paddles must go in ASAP. Deadlines Ses. 1 May 4 & Ses. 2 May 11

## TO VARNISH:

## (Recommended doing as a crew)

- 1. The entire paddle will be varnished! Lightly sand the ENTIRE paddle (except the painting) with fine steel wool. Use a damp rag to remove residue.
- 2. Hang paddle as instructed by your guide or Zach Fritz (sample can be found at Base Camp) 3.
- 4. Use only "Wood-Coat" brand High Gloss Polyurethane Varnish
  Available at "The Paint Store" on 3<sup>rd</sup> St. N.
  Consider sharing a can between other crews.
- 4. Apply ONLY **2 Complete but THIN** coats ... **no more!** (too much varnish will yellow your painting) and make it more likely to flake or chip) Coats should be applied slowly and very thin. **VARNISH THE ENTIRE PADDLE.**
- 5. Allow at least 24 hours between coats.
- 6. Slide the hanging cord up (or down) then use fine steel wool to dull the finish of the varnish before applying the second coat. Your guide will show how to do this.
- 7. We STRONGLY discourage inexperienced people from varnishing the paddles. These are very important to the participants so a quality finish is needed. Varnishing is more difficult than regular painting. It is best if one person varnishes all paddles your guide will help coordinate this.