

LES VOYAGEUR PROTOCOLS FOR COMMONLY ASKED MEDICAL QUESTIONS

All information shared on the medical release forms will be kept confidential. Only those needing to know information will have access.

All illnesses, injuries and new diagnosis or change in medical or emotional status are to be reported promptly. Please keep us updated on any changes in medications/treatments. From this date on until your son/daughter leaves on the trip. **FAILURE TO DO SO CAN RESULT IN NOT BEING ABLE TO GO.**

Our medical director and nurse will review Health History and may have questions. **Please be completely honest regarding your son/daughter's diagnosis, our goal is to have as much information as possible to ensure a safe trip.** We may request further information from MDs and or specialists. Please respond *promptly* to these requests.

If you sustain an orthopedic injury you may be asked to see a specialist and have therapy, once again report *promptly*. Treating these injuries correctly is in your/son or daughter's best interest as they usually require specific treatment and therapy to heal well enough for participation.

If you wear contacts, please be sure to consult with your eye provider and bring the necessary amount of contacts and supplies. This will vary based on type of contact. Be sure to include extras.

YOU ARE ALSO REQUIRED TO BRING YOUR GLASSES IN A STURDY CASE & A SAFETY STRAP

Do not start birth control prior to this trip to keep from having menstrual cycles. If you are already on birth control now it is fine to stay on. There are risks associated when starting birth control that could cause problems on the trip.

Be aware that certain acne medications cause sun sensitivity that can be extreme. Consult with your MD to find out if these medications can be discontinued for the summer. **ALL CREWMEMBERS MUST BRING AND USE SUNSCREEN, THIS IS NOT OPTIONAL.** Be sure to include enough. LVI provides one tube.

ADHD medications can sometimes be discontinued during summer months. Please consult with your MD to see if this is a possibility.

Talk to your MD and bring along only **PRESCRIPTION** medications. Over the counter medications are not allowed without prior approval. LVI has over the counter medications in the medication kit that are utilized per protocol and given by the guides under the direction of the Medical Director.

ALL MEDICATIONS WILL BE GIVEN TO THE GUIDE AND ADMINISTERED BY THE GUIDE. MEDICATIONS MUST BE GIVEN TO GUIDE 1 WEEK PRIOR TO TRIP.

If you anticipate a death or other event in your family that may happen during the time of the trip, please have a discussion on whether or not your son/daughter will come out for this. Discuss this as a family and notify us so that we are aware prior to the trip and can make arrangements.

Each crewmember will need to have a fungal kit, including cream recommended by our medical director and triple antibiotic ointment and cortisone cream. These items will be included on the equipment form that will be online. All oral medications needed to treat fungus are included in the crew med kits.

If you have any questions, please ask.
Please call or email:

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